



## PEPÁKEN HÁUTW Native Plants & Garden Education Program

ŁÁU, WELNEW Tribal School, Brentwood Bay BC

<b>Lesson Title:</b> <b>ĆENITOLENSET:</b> The earth's blanket	<b>Subject:</b> Putting the garden to bed	<b>WELU,ĆISTENEK (Instructors):</b>
<b>Grade Level:</b> K-2	<b>Time Needed:</b> 40 -50 mins	<b>Date:</b> November 2, 2021 <b>ŁKALJ:</b> PEKALÁNEW

### Purpose:

- ❖ Getting familiar with the veggie and native plant gardens
- ❖ Exploring the gardens with our senses
- ❖ Tasting some of the food and herbs that are available
- ❖ Tucking the garden in for the fall and winter with leaves
- ❖ Recognizing the changes in the garden and identify plants

### Resources Needed From Teachers

- ❖ APPROPRIATE CLOTHING (Sweaters, jackets or rain gear)
- ❖ NAME TAGS

### Resources Provided by PEPÁKEN HÁUTW:

- ❖ Food from garden: Carrots, rhubarb, herbs (rosemary, lemon balm, mint, fennel)
- ❖ Oak leaves and maple leaves

### Questions for the students:

- ❖ What kind of veggie or herb did you taste?
- ❖ Why do we need to put leaves on garden beds?
- ❖ What kind of critters or bugs enjoy the leaves?
- ❖ Are the leaves food for the garden?



# WORKSHOP ACTIVITIES

Time	SĆA (Work)
5 -10 mins	<p style="text-align: center;"><b>ŚELOQ I, ECOSTONES TFE WELU,ĆISTENEK I, STELIŦKEL</b> (Circle and introduce instructors and students):</p> <p>Introduce ourselves and the space. Talk about what kind of garden we are and who it's for</p> <p>Explain ground rules for working with the garden (respectful use of tools, respect for shared space) and introduce today's activities.</p> <p>Break into 2 groups</p>
15 mins	<p><b>Group 1:</b></p> <ol style="list-style-type: none"> <li>1. Tour the garden, and see what interests the students. Explore with our senses. What can we see, touch, smell, and taste? Are there any seed pods we can listen to? harvest carrots and practice saying <b>SÁ,ŦEK</b> (carrot)</li> <li>2. Gather the leaves from the leaf pile and bring them to the veggie beds. Tuck beds in with the leaves and make sure the soil is covered. Discuss the benefits of why we do this in the fall. We are mimicking fall, feeding the beds with leaf mulch, providing home for critters and bugs.</li> </ol>
15 mins	<p><b>SWITCH GROUPS</b></p> <p><b>Group 2:</b></p> <ol style="list-style-type: none"> <li>1. Explore the <b>ĶŁO,EL,ENEŦ</b> (Camas meadow) and <b>ŚÍŚEJ</b> (forest) with our senses. What catches our eye? What can we touch, taste, and smell? Are there any seed pods available to listen to?</li> <li>2. Gather the leaves from the leaf piles and bring them to the <b>ĶŁO,EL,ENEŦ</b> (Camas meadow) and <b>ŚÍŚEJ</b> (forest) to tuck in the gardens. Discuss the benefits of why we are tucking in the garden. What kind of critters or bugs are we providing a home for? Will this nourish the gardens?e</li> </ol>
5-10 mins	<p><b>ŚELOQ</b> (Closing circle)</p> <p>Review what you learned in the workshop. Ask students if there's any <b>SENĆOFEN</b> names they remember. What did they try today? Would they try it again? What are some goals for the garden this year?</p>