



# PEPÁKEN HÁUTW Native Plants & Garden Education Program

ŁÁU,WELNEW Tribal School, Brentwood Bay BC

Lesson Title/Topic: Putting the Garden to Bed

Grade Level: 5-6

Subject: Seed saving, mulching, planting garlic, native plant propagation

**Time Needed: 45mins**

**Date: October 14, 2014**

## **BC Min of Ed Learning Outcomes** addressed in this lesson and follow up activities:

Social Studies K to 7 (2006) 5 gather a body of information from a variety of primary and secondary sources

Social Studies K to 7 (2006) 5 assess why immigrants came to Canada, the individual challenges they faced, and their contributions to society

Social Studies K to 7 (2006) 5 explain why sustainability is important

Social Studies K to 7 (2006) 5 analyse environmental effects of settlement in early BC and Canada

Social Studies K to 7 (2006) 6 assess the relationship between cultures and their environments

Science K to 7 (2005) 5 analyse how BC's living and non-living resources are used

Science K to 7 (2005) 5 analyse how the Aboriginal concept of interconnectedness of the environment is reflected in responsibility for and caretaking of resources

Science K to 7 (2005) 5 describe potential environmental impacts of using BC's living and non-living resources

Science K to 7 (2005) 5 identify methods of extracting or harvesting and processing BC's resources

Science K to 7 (2005) 6 analyse how different organisms adapt to their environments

Science K to 7 (2005) 6 explain obstacles unique to exploration of a specific extreme environment

## **Objectives -Through these learning activities, the student will demonstrate the ability to:**

- Understand why a plant puts energy into seeds
- Learn what seeds need and how to harvest them
- Understand how seeds travel, and are planted, and the potential impacts they have
- Discuss the reasons mulch is important for soil health
- Learn how to plant garlic!

## INSTRUCTIONAL ACTIVITIES:

| Time   | Activity   |
|--------|--|
| 2mins  | Knowledge Circle (meet at PEPÁKEN HÁUTW)<br><br>What are some of the things we learned in the last lesson (if applicable)?<br><br>An introduction to what we will do today including building soil and seed saving<br><br>Ground rules and things to remember, respectfully working with tools   |
|        | Instructional Activities (Checking for understanding, modeling, guided practice, independent practice)   |
| 20mins | Veg Garden:<br><br>1. Seed Saving. How do we know that a seed is ready to harvest?<br>2. Talk about what a seed is, how it is dispersed, ask what seeds need- seeds need an environment that is cool, dark and dry for storage.<br>3. Collect seeds from garden, and put in class seed bank.<br>4. Clean, mulch and plant garlic in one bed- pointy ends up!<br><br>Take home seed banks, or keep in classroom for further activities.   |
|        | Native Plants:<br><br>1. Plant propagation discussion: how do plants reproduce? sexual, asexual (with & without humans)<br>2. Plant propagation activity: KIDE,ĀN EŁP (orange honeysuckle, <i>Lonicera ciliosa</i> ), DAKEIŁĆ (salal, <i>Gaultheria shallon</i> ) and TI,JĘŁĆ (Yerba buena, <i>Satureja douglasii</i> ) cuttings<br>3. Apply ecosystem-appropriate leaves to ĆENÁŁĆ (Garry oak, <i>Quercus garryana</i> ) and JSÁY (Douglas fir, <i>Psuedotsuga menziesii</i> ) native plant gardens. Why is this important? |
| 2mins  | Knowledge Circle/Closing:<br><br>To the students, what is one thing you learnt today? What is one thing you wonder about? Why is seed saving important? Thanks!  |

### Materials Needed:

- **Garlic**
- **Gloves & trowels**
- **Seed envelopes**
- **Pens for labeling**
- **Seed banks**
- **Mulch or leaves (ecosystem-appropriate for native plant gardens)**
- **Native plants for cuttings**

### Optional follow up activities/ questions:

- Utilize the many resources in the *Sow and Save* kit to continue to investigate seeds and seed saving.
- Look up native plants discussed and their traditional uses. Why would we grow native plants?

**Please fill out our feedback forms and leave them in the envelope at the front office!**

**HÍ,SWKE SIÁM!**