



PEPÁKEN HÁUTW Native Plants & Garden Education Program

LÁU,WELNEW Tribal School, Brentwood Bay BC

Lesson Title: Forest and Garden Teas and Garden Seeding	Grade Level: 2	Subject: herbal teas, SENĆOTEN plant names, vegetable seeds and transplanting, spring gardens
	Time Needed: 45 mins	Date: May 17 2016

BC Min of Ed Learning Outcomes addressed in this lesson:

- Science K to 7 (2005) 2 use their senses to interpret observations
- Science K to 7 (2005) 2 describe ways in which animals are important to other living things and the environment
- Science K to 7 (2005) 2 describe physical properties of air, water, and soil
- Science K to 7 (2005) 2 distinguish ways in which air, water, and soil interact
- Science K to 7 (2005) 2 explain why air, water, and soil are important for living things

Objectives -Through these learning activities, the student will demonstrate the ability to:

- Students recognize the changes in the garden and identify plants
- Students understand the difference between seeds and seedlings
- Students learn about container gardening and gardening in small spaces.
- Review SENĆOTEN names for native plants
- Learn about plants we can use for tea

WORKSHOP ACTIVITIES

Time	Activity
2min	Opening Circle: introduce workshop instructors and review what we learned in past workshops - what do you remember? Explain ground rules for working with the garden (respectful use of tools, respect for shared space) and introduce today's activities. Break into 2 groups
20mins	Veg Garden: <ol style="list-style-type: none">1. Students tour the garden, and see what is growing.2. Students tour the composter and talk about composting3. Students help to identify and taste plants4. Student review what plants need to grow

5. Students look at the difference between seeds and seedlings
6. Students talk about what to think about when planning the garden, (sun, shade, wind, soil nutrients)
7. Students prepare pots for growing, and discuss container gardening and how to garden in small spaces.
8. Student's plant squash and melon plants in large pots, and/or beans and sunflowers in small pots to take home and label pots

Native Plants:

20mins

1. Look at the native plant gardens, discuss each ecosystem and review SENĆOTEN plant names
2. What can we eat in each garden? What plants can we use for tea?
3. Make a teabag with SENĆOTEN labels to bring home!

Tea Plants: ƧEX,ƧEX Stinging nettle *Urticia dioicia*

ƧELƧ Nootka rose petals *Rosa nutkana*

JSÁY Douglas fir tips *Pseudotsuga menziesii*

DEW,ELĆ Grand fir tips *Abies grandis*

KEXMIN Indian consumption plant *Lomatium nudicaule*

Peppermint

Lemon balm

Fennel

2mins

Closing Circle: What are the things you learned today? What do you wonder about? How can you investigate further before we meet again?

Materials Needed:

- Seeds, seedlings, trowels, gloves
- 8 large pots and sea soil to fill them
- Labels and pens to make signs
- Assorted native plants and herbs prepared for tea
- Compostable teabags and string
- Labels and pens for tea labels

Please fill out our feedback forms and leave them in the envelope at the front office!

HÍ,SWƧE SIÁM!