



PEPÁKEN HÁUTW Native Plants & Garden Program

ŁÁU, WELNEW Tribal School, Brentwood Bay BC

<p><u>Lesson Title:</u> ĆENKILES Forest Teas and Spring Garden</p>	<p><u>Subject:</u> Native forest teas and seeding in the spring veggie garden</p>	<p><u>WELU.ĆISTENEK (Instructors):</u> Earl TEFÁTIN Claxton Jr, Judith Lyn Arney, and Ashley PEPÁKIYE Cooper</p>
<p><u>Grade Level:</u> Grade: 4/5</p>	<p><u>Time Needed:</u> 45 mins</p>	<p><u>Date:</u> June 6, 2017 <u>ŁKALJ:</u> PENAWEN</p>

Purpose:

- ❖ Discussing native plants that provide tasty and healthy teas.
- ❖ Identifying different native species in the green house and native gardens
- ❖ Understand the importance of planting your own veggies from seeds
- ❖ Mix and create their own tea bag of native teas
- ❖ Identifying names by creating labels for mixed bag

Resources:

- ❖ Sea soil
- ❖ Trowels and gloves
- ❖ Spinach, kale, and carrot seeds
- ❖ Native teas in labeled glass jars (**TEXTEX** stinging nettle, **DILEK** strawberry leaves, **SKEĆES** red huckleberry leaves, **ĶÁLK** rose petals, **KIDE** honey suckle, **TIHŁĆ** labrador tea, **JSAY I**, **SĶEMIEK** douglas and grand fir)

Resources from Teachers

- ❖ APPROPRIATE CLOTHES! Make sure students are wearing clothes that are warm and can get dirty.
- ❖ Name tags + Water bottles

Ask the Students

- ❖ What did you learn about that birds nest today?
- ❖ Who remembers the Veggies that we planted today?
- ❖ Which teas did you mix and make today?

