



PEPÁKEN HÁUTW Native Plants & Garden Program

LÁU, WELNEW Tribal School, Brentwood Bay BC

<u>Lesson Title:</u> ĆENITELONSET: Native Plant Seeds & Planting the Autumn Garden	<u>Subject:</u> SENĆOFEN plant names, planting native plant seeds, planting garlic, exploring vegetable garden	<u>WELU.ĆISTENEK (Instructors):</u> Earl TEFÁTIN Claxton Jr, Judith Lyn Arney and PEPAKIYE Ashley Cooper
<u>Grade Level:</u> NETE, ILC I, ĆESE, ILC 1-2	<u>Time Needed:</u> 45 mins	<u>Date:</u> October 11, 2016 <u>ĪKALI:</u> PEKELÁNEW

Purpose

- ❖ Explore the seasonal changes in the garden
- ❖ Learn how to plant garlic!
- ❖ Learn about which native plants are going to seed
- ❖ Identify different edible and medicinal plants

Resources Needed from Teachers

- ❖ APPROPRIATE CLOTHING that is warm and can get dirty
- ❖ Name tags + Water bottles

Resources

- ❖ Native plant seeds, garlic cloves, trowels, gloves
- ❖ 1 raised bed for garlic planting
- ❖ Soil and sand
- ❖ Seeds, 2 containers
- ❖ Plant labels and pencils

Ask the Students

- ❖ What does a garden or native eco system give us?
- ❖ What are seeds?
- ❖ What are native plants?
- ❖ What does a garden need from us?
- ❖ What native plants do you see every day?



WORKSHOP ACTIVITIES

Time	SĆA (Activity)
4 min	<p>ŚELOQ I, ECOSTONES TFE WELUIĆISTENEK (Circle and introduce instructors) review what we learned in past workshops - what do you remember? What have been some of your favorite things? Review respect for tools, garden space and each other.</p> <p>Break into two groups.</p>
18 min	<p>Group 1</p> <ol style="list-style-type: none"> 1. Students tour the Veggie garden, and see what is growing. 2. Students help to identify herbs and vegetables and taste plants 3. Student review what plants need to grow 4. Take apart garlic bulbs and demonstrate how to plant the cloves of garlic in raised beds
18 min	<p>Group 2</p> <ol style="list-style-type: none"> 1. Native Plant Seed Tour Students will discover which native plants in the garden are 'going to seed'. We will focus on KEXMIN (Indian consumption plant, <i>Lomatium nudicaule</i>) and ĶĻO,EL (Camas, <i>Camassia</i> spp.). 2. Seed Collection Students will carefully collect the seeds from both the KEXMIN and ĶĻO,EL. We will discuss the nature of the seeds and examine their characteristics. We can taste the KEXMIN! Students can share any experience they have collecting seeds or plants for food or medicine. 3. Fall Seeding for Meadow Plants <ul style="list-style-type: none"> Sea Blush <i>Plectritis congesta</i> Monkey Flower <i>Mimulus guttatus</i> Spring Gold <i>Lomatium ultriculatum</i>
4 min	<p>ŚELOQ: What did you learn about today? What was your favourite part?</p>

Please fill out our feedback forms and leave them in the PEPÁKEN HÁUTW envelope in the staff room!

HÍ, SWĚ SIÁM!