



## PEPÁKEN HÁUTW Native Plants & Garden Program

LÁU, WELNEW Tribal School, Brentwood Bay BC

<p><b><u>Lesson Title:</u></b>          CENITELONSET: Native Plant          Seeds &amp; Planting the          Autumn Garden</p>	<p><b><u>Subject:</u></b>          SENĆOFEN plant names. Planting          Native plant seeds and garlic.</p>	<p><b><u>WELU.ĆISTENEK (Instructors):</u></b>          Earl TEFÁTIN Claxton Jr,          Judith Lyn Arney and          PEPÁKIYE Ashley Cooper</p>
<p><b><u>Grade Level</u></b>           4/5</p>	<p><b><u>Time Needed:</u></b>           45 mins</p>	<p><b><u>Date:</u></b> October 4, 2016  <b><u>ŁKALI:</u></b> PEKELÁNEW</p>

### Purpose:

- ❖ Learn about the local native plants of WŚÁNEĆ
- ❖ Understand the important medicines that are used by WŚÁNEĆ.
- ❖ Hands on experience planting native flower seeds.
- ❖ Gain knowledge on SENĆOFEN names of plants and medicines. (KŁO, EL & KEXMIN)

### Resources:

- ❖ Native plant seeds and garlic cloves.
- ❖ Trowels & gloves
- ❖ 1 raised bed for garlic planting
- ❖ Natural area or native plant garden
- ❖ Seed trays and soil
- ❖ Plant labels and pens

### Ask the Students

- ❖ What does a garden or native eco system give us?
- ❖ What are seeds?
- ❖ What are native plants?
- ❖ What does a garden need from us?
- ❖ What native plants do you see every day?



## WORKSHOP ACTIVITIES

Time	SĆA (Activity)
5 min	<p><b>ŚELOQ I, EĆOSTONES TFE WELUÍCISTENEK</b> (Circle and introduce instructors)            Review what we learned in past workshops - What do you remember? What have been some of your favorite things? Review respect and rules for garden space, tools and each other.</p> <p>Break into two groups.</p>
18 min	<p style="text-align: center;"><b>Group 1:</b></p> <ol style="list-style-type: none"> <li>1. Tour the veggie, herb, berry and native garden beds to see what's growing.</li> <li>2. Teach students how to identify plants that are harvestable and get them to taste it.</li> <li>3. Review what plants need to grow. Show students how prepare beds for growing garlic, and discuss the usefulness of raised beds, and how to garden in these types of beds.</li> <li>4. Demonstrate how to take apart bulbs by the cloves and teach students how to plant the cloves of garlic in desired beds.</li> </ol> <p style="text-align: center;"><b>Group 2 :</b></p> <ol style="list-style-type: none"> <li>1. Take students on a tour to see the native plants that's in its seeding stage. We will focus on <b>KEXMIN</b> (Indian Consumption Plant, <i>Lomatium nudicaule</i>) <b>ĆŁO,EL</b> (Camas, <i>Camassia spp.</i>)</li> <li>2. Demonstrate how to carefully collect KEXMIN and ĆŁO,EL seeds. Discuss the nature of the seeds and examine their characteristics. Taste the KEXMIN! Ask students can share any experience they have collecting seeds or plants for food or medicine.</li> <li>3. If time allows, we will seed some of the ĆŁO,EL into seeding trays and discuss the length of time ĆŁO,EL takes to go from seed to flowering bulbs.</li> </ol>
5 min	<p><b>ŚELOQSET (Make a circle):</b> What did you learn about today? What was your favourite part?</p>

Please fill out our feedback forms and leave them in the PEPÁKEN HÁUTW envelope in the staff room!

**HÍ,SWĶE SIÁM!**