



PEPÁKEN HÁUTW Native Plants & Garden Education Program

ŁÁU, WELŃEW Tribal School, Brentwood Bay BC

Lesson Title/Topic: Seedlings & Seaweed		Subject: Plant propagation, edible plants (ie. seaweed & seagrass)
	Time Needed: 20 min	Date: March 31, 2014

Native Plant Lesson:

1. Talk about the different seaweeds and their traditional uses (sea vegetables!)
2. Touch each one! Count how many types in the aquarium and talk about how they look and feel.
3. Learn about ĆELEM (eelgrass, *Zostera marina*) with guest Nikki Wright
4. Taste some eelgrass roots!
5. Talk about seaweed and eelgrass: have you ever eaten any before? Do you know anyone who harvests sea vegetables (seaweed and seagrass)?

Materials:

- Aquarium (filled with water)
- Assorted seaweeds from beach
- Multiple eelgrass plants with roots attached

Follow-up questions:

- What are sea vegetables?
- What do they taste like?
- What part of eelgrass do you eat?